

Please inform the school office at the earliest opportunity if your child is diagnosed with anything infectious.

Following an illness or condition that requires a certification from a doctor indicating child is free from disease/infection, please go directly to school office with correct paperwork.

The incubation periods for children suffering from certain illnesses and conditions are given below. The isolation/exclusion guidelines should be followed in all cases:

• Fever (above 38C/100.4F)

No return to school until a full 24 hours after the last high temperature recorded.

Vomiting
 No return to school until

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- Diarrhoea
 No return to school until a
- No return to school until a full 24 hours after the last loose stool recorded.
- Chickenpox. (11 21 day incubation period.) Isolation/exclusion until all scabs are completely dry.
- *Fifth Disease.* (4 14 days incubation period.) No return to school for a minimum of 5 days after appearance of rash.
- German Measles. (14 21 day incubation period.) Isolation/exclusion for 4 days from the appearance of rash.
- Hand, Foot, Mouth Disease. (4 7 day incubation period.) Isolation/exclusion until all sores have healed.
- *Measles.* (10 14 day incubation period.) Isolation/exclusion for 4 days from the appearance of rash.
- *Mumps.* (14 25 day incubation period.) Isolation/exclusion for five days after appearance of swollen glands.
- Bacillary Dysentery. (1 7 day incubation period.) Isolation/exclusion as advised by a doctor. No return to school until 48 hours after the last episode of diarrhoea and/or vomiting.
- Cholera. (1 5 day incubation period.) Isolation/exclusion until certified free from infection.

• **Conjunctivitis.** Isolation/exclusion 1 - 12 day until treatment has commenced, discharge from eyes has ceased, and eyes are back to normal.

- *Diphtheria*. (2 7 day incubation period.) Isolation/exclusion until certified free from infection.
- *Impetigo*. Isolation/exclusion until treatment has commenced, all sores must be completely covered with waterproof dressing until they have healed.
- *Meningococcal Infection.* (2 10 day incubation period.) Isolation/exclusion until treatment completed and certified free from infection.

• Pediculosis (Head Lice)*.

Isolation/exclusion until treatment has started.

*There is no hair lice product that kills 100% of eggs (nits) in one treatment. All eggs and lice must be removed before your child returns to school and a further treatment applied after seven days.

When your child returns to school they must be checked before going to class.

- Poliomyelitis. (3 35 day incubation period.) Isolation/exclusion for 10 – 14 days. Return only when certified free from infection.
- *Rubella.* (14 23 incubation period.) Isolation/exclusion for minimum 7 days from the appearance of rash.
- Scarlet Fever. (1 7 day incubation period.) Isolation/exclusion for 24 hours after commencing antibiotic treatment.
- *Tuberculosis.* (2 12 weeks incubation period) Isolate/exclude until certified free from infection.
- *Typhoid & Paratyphoid Fever.* (1 21 incubation period.) Isolation/exclusion whilst fever and diarrhoea present. Return only when until blood test is clear, or tests on three stool samples taken at 48-hour intervals have shown that the bacteria are no longer present.
- Viral Gastroenteritis. Isolation/exclusion for 1 - 10 days. No return to school until 48 hours after the last episode of diarrhoea and/or vomiting.
- Viral Hepatitis. (15 50 days incubation period.) Isolation/exclusion until certified free from infection.
- Whooping Cough. (7 10 day incubation perion.) Isolation/exclusion for 5 days start of antibiotic treament. If no treatment is given, a 21 days isolation/exclusion period from the start of any cough. Return only when certified as free from infection.
- Verrucae Sores.

Sores must be covered at all times. Waterproof protection must be used before participation in any aquatic activity.